

22nd VÄIKE VÄIN STRAIT OPEN WATER SWIMMING

TIME and PLACE

- The competition will take place on the 25th of July 2015, 13:30 o'clock
- The starting line is in Vahtna harbour on Muhu Island and the finish line will be in Orissaare harbour in Saaremaa

GOAL

- Making swimming as a competition and health sport more popular, offering a way to spend free time in a sport-related manner

DISTANCE

- The length of the swimming track is around 2290 metres, marked by buoys, beacons and boats.

PARTICIPATION

- The competitions are individual and there is a mass start.
- Everybody who has signed off on their health condition can participate.
- In the case of swimmers under the age of 16, a parent or a trainer will have to give a signature.
- **Participation fee is €15**
- Payment can only be made in cash, there is no option of card payments.

AGE CATEGORIES

- 14-19 M/F
- 20-29 M/F
- 30-39 M/F
- 40-49 M/F
- 50-59 M/F
- 60-69 M/F
- 70 and older M/F

Age will be calculated as of the date: 31 December 2015.

AWARDS

- The fastest female and male swimmers will receive a monetary stipend.
- The best swimmer across all age categories will be awarded with a medal and a trophy, the second and third places will be awarded with medals.

- All participants' names will be put into a raffle where prize mementos are given out.

ORGANISATION

- The competition is being organised by **MTÜ Orissaare Sport, the county of Muhu,** and **HEA-Metall OÜ.**
- Participants will be transported to the starting line with a bus that will be in Kuivastu harbour to meet the ferry that began its trip at 10:15 from Virtsu.
- If necessary, transport from Orissaare harbour to the starting line is possible. The organiser should be notified of any such requests (Tiit +37256242076).
- The competition will be timed electronically.
- Every participant will receive an electronic wristband in Exchange for a signature. If the wristband is lost, the participant will have to pay for its cost (€25).
- The wristbands will be given out starting at 11:00 on the basis of registration and additional registration at the starting line. Swim training will take place at 13:10.
- Participants are recommended to pre-register on the basis of this form: https://docs.google.com/forms/d/1VOPbaXSsm52-Z40f8NW6NUDDoU8-TJlkT_XteU7Mz7w/viewform#start=invite , which will ensure a smoother organisational side.
- If necessary, pre-registration is also possible at the address: spordihoone@orissaare.ee by stating the name, gender and age of the participant.

OTHER CONDITIONS

- Participants are not allowed to use any swimming enhancing equipment.
- Calypsos are banned.
- Swimsuits from FINA-approved textile that do not cover the neck, shoulders and do not go lower than one's ankles are allowed.
- Swimsuits cannot have zippers, swipes or other attachment devices.
- All questions not addressed in the guidelines will be addressed by the organisers.
- Safety is provided by security boats with teams.

OTHER ORGANISATIONAL MATTERS

- Swimmers have the option to wash and visit the sauna in the harbour building after swimming.
- All participants are guaranteed beverages and hot soup after the competition.
- In the evening of the competition day, there is a dance event with the band 'KUKERPILLID'. Entrance to this event is free to all participants and their chaperones.
- Accommodation options in Orissaare:

- School hostel 5188451
- Püharisti Guest House 5148212
- Pritsukas 5188939, 59191077
- Võidu home hostel 5266208
- In addition, around Orissaare – Maasi Holiday Home, Oti Manor, Uueelu Holiday Homes, Haikaranpesä guesthouse

ADDITIONAL INFORMATION

- Peep – +372 5040 359, peepi@hot.ee (speaks: Estonian, Russian and Finnish)
- Tiit - +372 56242076, spordihoone@orissaare.ee (speaks: Estonian, Russian, Finnish and English)