



# ISF GYMNASIADE 2016

## BULLETIN 1



**11<sup>th</sup> – 18<sup>th</sup> July 2016**

**Trabzon – TURKEY**

**INTERNATIONAL SCHOOL SPORT FEDERATION (ISF)  
&  
TURKISH SCHOOL SPORT FEDERATION (TOSF)**

**ISF GYMNASIADE 2016**

**11 – 18 JULY 2016**

**TRABZON, TURKEY**

<b>BULLETIN 1</b>
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The Executive Committee (EC) of the International School Sport Federation (ISF) entrusted the organisation of the **16<sup>th</sup> ISF Gymnasiade** to Trabzon, Turkey.

**1. INVITATION**

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All Official School Sport Organisations, which are full or associate members of ISF and the members of the ISF Technical Commissions concerned are invited to participate in the Trabzon Gymnasiade 2016.

The members of the ISF EC and the International Sports Federations concerned will be invited to attend the Trabzon Gymnasiade 2016.

**2. COMPOSITION OF TEAMS AND RULES FOR PARTICIPATION**

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**2.1. TOTAL NUMBER OF PARTICIPANTS**

The quota of participants for the Gymnasiade has been set by the ISF.

**2.2. ENTRIES**

Each country may enter boys and/or girls in the following sports: Athletics, Artistic Gymnastics, Rhythmic Gymnastics, Aerobic Gymnastics, Swimming and the demonstration sports Archery, Chess, Fencing, Judo, Karate, Tennis and Wrestling.

It is not compulsory to take part in all sports.

All participants must be nominated by the country's Official Organisation responsible for School Sport.

**2.3. SELECTION OF ATHLETES**

All competitors must have been enrolled at a school since the beginning of the school year 2015/2016.

Students must be attending schools providing a general education.

The following are not entitled to participate:

- a. Pupils of a vocational school - i.e. young people attending a vocational school in addition to their vocational training;
- b. School teams in schools giving sports training without any general education;
- c. Part time sports schools (schools taking pupils from different schools part time for instruction in sports);
- d. Teams set up in companies, universities or other institutions.

Participants have to stay for the whole period (analogous to the Youth Olympic Games): 11 (arrival day) until 18 (departure day) July 2016.

## **2.4. AGE CATEGORIES**

### **ATHLETICS**

Only athletes born in 1999, 2000 and 2001 may compete.  
Older or younger competitors will not be accepted.

### **GYMNASTICS**

For Girls Artistic and Rhythmic Gymnastics (WAG and RG) competitors must be born in 2000, 2001 and 2002.

For Boys Artistic Gymnastics (MAG) competitors must be born in 1999, 2000 and 2001.  
For Aerobic Gymnastics competitors must be born in 1999, 2000 and 2001 (AG2).  
Older or younger competitors will not be accepted.

### **SWIMMING**

Only swimmers born in 1998, 1999, 2000 and 2001 may compete.  
Older or younger competitors will not be accepted.

### **ARCHERY, CHESS, FENCING, JUDO, KARATE, TENNIS, WRESTLING (demonstration sports)**

Only students born in 1998, 1999 and 2000 may compete.  
Older or younger competitors will not be accepted.

## **2.5. DATE OF BIRTH VERIFICATION**

The verification of the athletes' dates of birth will be the responsibility of the ISF and the Organising Committee who will appoint a Control Commission which will verify each participant's age upon their accreditation.

## **2.6. DELEGATION SIZE**

**Maximum delegation size is 273 persons**, (including demonstration sports) comprising:

- Each country must appoint one Head of Delegation.
- The Head of Delegation should be the sole representative of his delegation in communication with the Organising Committee, Technical Commissions and ISF. He/she may not combine the function of Head of Delegation with any other function in the delegation.



The ratio is as follows:

- a) if participating with a team (3, 4 or 5 gymnasts) in boys and/or girls artistic gymnastics, the country **must** send per category (boys/girls) **one judge** of high standing and holder of a FIG brevet and **can** send **2 judges**.
- b) if participating with individual (1 or 2) gymnasts in boys and/or girls artistic gymnastics, the country **must** send per category (boys/girls) **one judge** of high standing, holder of a FIG brevet.

**RHYTHMIC GYMNASTICS:**

maximum number of gymnasts: 10  
maximum number of coaches : 2 (1 Individual/1 Group)  
maximum number of judges : 1

as follows:

Group competition: 5 gymnasts (+ 1 reserve) – 1 coach  
Individual Competition: 4 individual gymnasts – 1 coach } + 1 judge

All Technical officials need to be FIG brevet holders. The judges must be approved by the ISF Technical Commission. In accordance with ISF rules, failure to provide a judge will lead to a fine of 907 EUR payable to the organiser prior to the competitions.

The ratio is as follows:

countries participating in the individual and/or group competition must send 1 judge.

**AEROBIC GYMNASTICS:**

maximum number of gymnasts : 10  
maximum number of coaches : 2  
maximum number of judges : 2

as follows:

- 2 Individual Men
- 2 Individual Women
- 2 Mixed Pairs: one man and one women
- 2 Trios: three (3) gymnasts in any combination of male and female gymnasts
- 2 Groups: 5 gymnasts in any combination of male and female gymnasts

All Technical officials need to be FIG brevet holders. The judges must be approved by the ISF Technical Commission. In accordance with ISF rules, failure to provide the required number of judges will lead to a fine of 907 EUR per judge payable to the organiser prior to the competitions.

The ratio is as follows:

- a) if participating with 1 to 4 competitors the country must send one (1) international FIG judge with valid FIG brevet (level 3 minimum).
- b) if participating with five (5) or more competitors the country must send two (2) international FIG judges with valid FIG brevet (one (1) judge must hold category I, II or III).

The participating countries must communicate the names the international judges to the Organising Committee three (3) months before the start of the Gymnasiade.

**SWIMMING:**

maximum number of swimmers : 24

maximum number of coaches : 3

as follows:

from 1 to 8 swimmers	=	1 coach
from 9 to 16 swimmers	=	2 coaches
from 17 to 24 swimmers	=	3 coaches

But from 2 swimmers of different sexes up to 16 athletes = 2 coaches.

**General remark about National Referees, Judges and other Technical Officials**

The Organising Committee of the Gymnasiade 2016 through the relevant Turkish Sport Federations is responsible for the appointment of (additional) National Referees, Judges and other Technical Officials, whose competence must be guaranteed and confirmed by the Competition Manager.

**3. TECHNICAL RULES**

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**3.1.** The competition will be run according to current ISF and International Sport Federations rules under the direction of the ISF Technical Commissions (TC). Detailed rules and regulations will be sent with Bulletin 2 and Bulletin 3 after initial registration.

**3.2. EVENTS****ATHLETICS**

Programme:

**Girls** (17 events plus 2 relays) : 100 m, 200 m, 400 m, 800m, 1500m, 3000 m, 100 m Hurdles (76.2cm), 400 m Hurdles (76.2cm), 2000 m Steeplechase, High Jump, Long Jump, Triple Jump, Pole Vault  
Shot Put (3kg), Discus (1kg), Javelin (500g), Hammer (3kg)  
Medley Relays (100 x 200 x 300 x 400 m) and (200 x 400 x 600 x 800 m)

**Boys** (17 events plus 2 relays): 100 m, 200 m, 400 m, 800m, 1500m, 3000 m, 110 m Hurdles (91,4cm), 400 m Hurdles (84.0cm), 2000 m Steeplechase, High Jump, Long Jump, Triple Jump, Pole Vault  
Shot Put (5kg), Discus (1.5 kg), Javelin Throw (700g), Hammer (5kg)  
Medley Relays (100 x 200 x 300 x 400 m) and (200 x 400 x 600 x 800 m)

Each country may enter 2 competitors in each event and 1 team in each relay.

Each athlete may compete in 2 events plus 1 relay, or 1 event plus 2 relays, except when he/she is competing in a track event 400 m and longer. In that case only 1 track event may be entered plus 1 relay.



## **GYMNASTICS**

### **ARTISTIC GYMNASTICS**

Programme: MAG and WAG FIG Junior programme Code of points 2013-2016

#### **COMPETITIONS**

The programme (MAG & WAG) is subdivided into three (3) competition days:

- 1<sup>st</sup> day:     MAG Competition I – 3 apparatus (floor, pommel horse, rings)  
                  WAG Competition I – 2 apparatus (vault, uneven bars)
- 2<sup>nd</sup> day:     MAG Competition I – 3 apparatus (vault, parallel bars, high bar)  
                  WAG Competition I – 2 apparatus (beam, floor)
- 3<sup>rd</sup> day:     MAG and WAG Competition III

#### **Competition I (C-I)**

5 gymnasts in the team, 4 compete on each apparatus, the best 3 scores count.

Qualification for C-III.

Final result for Teams (C-IV) and Individual (C-II) ranking.

#### **Competition III (C-III)**

The highest 8 ranked gymnasts in each apparatus from C-I, with a maximum of 2 gymnasts per apparatus and per delegation qualify for C-III on the corresponding apparatus.

Three (3) reserve gymnasts are designated in each apparatus taking into account the list of results of C-I.

In case of a tie, the two or more gymnasts will participate in the final.

### **RHYTHMIC GYMNASTICS**

Programme FIG Junior:

Each country is authorised to enter a team in the following contests :

- a) Group exercise: composition of a team = 5 gymnasts (5 ribbons) + 1 authorised substitute
- b) Individual contest: 1 to 4 gymnasts (4 exercises per gymnast ball, clubs, hoop, rope)

When a country participates in both disciplines individual and group, it is eligible for the general classification per country (the addition of the score of the group exercise and the scores of the 2 gymnasts with the highest score in the general individual classification).

Length of exercises:

individual 1'15" – 1'30"

group 2'15" – 2'30"

The composition and the level of difficulty of the exercises must be conform to the regulations which are laid down in the FIG Code 2013-2016 for RG (Junior programme).

## COMPETITIONS

### INDIVIDUAL:

#### Competition I:

General classification of the gymnasts is decided by the total number of points on the 4 apparatus.

Classification of the best 8 gymnasts (maximum 2 per country) on each of the 4 apparatus for participation in Competition III.

#### Competition III:

Apparatus finals (the best 8 gymnasts on each of the 4 apparatus – 2 gymnasts per country).

### GROUP COMPETITION:

#### General Competitions

2 exercises – no finals

The champion group will perform a demonstration in the middle of the Final Individual Competition (Competition III).

## AEROBIC GYMNASTICS

The Aerobics competitions will be organised in accordance with the most recent technical regulations of the Fédération Internationale de Gymnastique (FIG) and ISF.

The programme and duration of the competitions will be fixed by the Executive Committee in agreement with the Organising Committee, ISF and FIG.

## COMPETITIONS

The competitions will last two (2) days.

Each category will consist of two stages, the qualification round and the final.

The best eight (8) individuals (IND) or teams (MP, TR, GR) in the qualification round are qualified for the final.

One competitor can compete in maximum three (3) categories.

The starting order of performance in the qualification round and the final will be determined by a drawing of lots before the competition.

#### Ranking by team

To take part in the “ranking by team”, each delegation must compete in qualification

- IM and/or IW
- MP and/or TR
- GR

The ranking will be converted into points : 1<sup>st</sup> place = 1 point, 2<sup>nd</sup> place = 2 points .....

The delegation with the lowest score will be declared “Champion by team”.

The first 3 teams will receive a trophy or a cup of the event.



If a competitor does not have a recovery time of ten minutes at the minimum between two different participating events, "10 MINUTES RULE" shall be applied by the President of the Superior Jury (see FIG TR 2011, Section 1, Reg. 4.4 PROCEDURE FOR DRAWING OF LOTS, Item 6).

## SWIMMING

The programme will include the following events for boys and girls:

Freestyle	50m, 100m, 200m, 400m, 4 x 100m, 4 x 100m mixed
Backstroke	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Medley	200 m, 400m, 4 x 100m, 4 x 100m mixed

Each country may enter two swimmers in individual events and one team in each relay event.

A mixed relay team consists of 2 female and 2 male swimmers in any order.

There is no limit of number of events per swimmer.

## 4. DEMONSTRATION SPORTS

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TRABZON GYMNASIADE 2016 increased the number of sports in this prestigious event. There will be demonstrations in the following sports in addition to the three (3) staple sports of the event Athletics, Gymnastics and Swimming: Archery, Chess, Fencing, Judo, Karate, Tennis and Wrestling.

**ARCHERY:** maximum number of archers : 4  
maximum number of coaches : 2

as follows:

BOYS = 2 archers + 1 coach  
GIRLS = 2 archers + 1 coach

Discipline = Outdoor Target Archery, Recurve Division (Recurve Bow)

Round to be used = 60 M Olympic Round that consist in:

- a) Qualification: 60 m Round (consists of 72 arrows shot at 60m on the 122cm target face).
- b) Elimination round and Finals

Competitions:

- a) Individual competition
  - Individual Recurve Boys
  - Individual Recurve Girls
- b) Mixed Team competition
  - Mixed Teams: 1 Boy + 1 Girl from the same country constitute a Mixed Team

c) International Team competition

- International-Teams Competition:
  - Team Boys: 4 boys constitute a Boys team
  - Team Girls: 4 girls constitute a Girls team

Team members that compose each team will be selected by draw.

Only 3 archers can shoot but team members can be changed between each end.

**CHESS:** maximum number of players : 8  
maximum number of coaches : 2

as follows:

BOYS = 4 players + 1 coach  
GIRLS = 4 players + 1 coach

**FENCING:** maximum number of fencers : 6  
maximum number of coaches : 3 as follows:  
1 for Foil, 1 for Epée and 1 for Sabre

as follows:

BOYS		GIRLS	
Foil	= 1 fencer	Foil	= 1 fencer
Epee	= 1 fencer	Epee	= 1 fencer
Sabre	= 1 fencer	Sabre	= 1 fencer

Fencers must supply their personal competition equipment.

**JUDO:** maximum number of judokas : 16  
maximum number of coaches : 2  
international referee per delegation: 1 (not compulsory)

as follows:

GIRLS		BOYS	
- 40kg	= 1 judoka	- 50kg	= 1 judoka
- 44kg	= 1 judoka	- 55kg	= 1 judoka
- 48kg	= 1 judoka	- 60kg	= 1 judoka
- 52kg	= 1 judoka	- 66kg	= 1 judoka
- 57kg	= 1 judoka	- 73kg	= 1 judoka
- 63kg	= 1 judoka	- 81kg	= 1 judoka
- 70kg	= 1 judoka	- 90kg	= 1 judoka
+70kg	= 1 judoka	+90kg	= 1 judoka

**KARATE:** maximum number of karatekas : 24  
maximum number of coaches Kata: 2  
maximum number of coaches Kumite: 4  
international referee per delegation: 1 (not compulsory)

as follows:

KATA BOYS = 3 karatekas + 1 coach  
KATA GIRLS = 3 karatekas + 1 coach

<b>KUMITE GIRLS (8 karatekas + 2 coaches)</b>		<b>KUMITE BOYS (10 karatekas + 2 coaches)</b>	
- 44kg	= 1 karateka	- 50kg	= 1 karateka
- 48kg	= 1 karateka	- 54kg	= 1 karateka
- 52kg	= 1 karateka	- 58kg	= 1 karateka
- 56kg	= 1 karateka	- 62kg	= 1 karateka
- 60kg	= 1 karateka	- 66kg	= 1 karateka
- 64kg	= 1 karateka	- 70kg	= 1 karateka
- 68kg	= 1 karateka	- 74kg	= 1 karateka
+68kg	= 1 karateka	- 78kg	= 1 karateka
		- 82kg	= 1 karateka
		+ 82kg	= 1 karateka

**TENNIS:** maximum number of players : 4  
maximum number of coaches : 2  
as follows:

BOYS = 2 players + 1 coach  
GIRLS = 2 players + 1 coach

There may be a restriction in the number of players that can be accepted for this event. Individual Event for Boys and Girls Singles and Boys and Girls doubles depending on entries. Match format for singles is 2 tie break sets with a match (10 point) tie break for the 3rd set. Court surface: hard court

**WRESTLING:** maximum number of wrestlers : 27  
maximum number of coaches Freestyle girls: 2  
maximum number of coaches Freestyle boys: 2  
maximum number of coaches Greco-Roman boys: 2  
international referee per delegation: 1 (not compulsory)  
as follows:

BOYS = 9 wrestlers Freestyle + 2 coaches  
BOYS = 9 wrestlers Greco-Roman + 2 coaches  
GIRLS = 9 wrestlers + 2 coaches

<b>GIRLS</b>	<b>Freestyle</b>	<b>BOYS</b>	<b>Freestyle and Greco-Roman</b>
38-40kg	= 1 wrestler	42-46kg	= 1 wrestler
- 43kg	= 1 wrestler	- 50kg	= 1 wrestler
- 46kg	= 1 wrestler	- 55kg	= 1 wrestler
- 49kg	= 1 wrestler	- 60kg	= 1 wrestler
- 52kg	= 1 wrestler	- 66kg	= 1 wrestler
- 56kg	= 1 wrestler	- 74kg	= 1 wrestler
- 60kg	= 1 wrestler	- 84kg	= 1 wrestler
- 65kg	= 1 wrestler	- 96kg	= 1 wrestler
65-70kg	= 1 wrestler	96-120kg	= 1 wrestler

Boys can only participate in 1 style.

**If there will be less than 10 countries registered in one of the demonstration sports the respective event might be cancelled.**

## 5. DOPING

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Dope testing (for use of banned substances) will take place during the competition according to current law/procedures applicable in Turkey.

If selected for testing a competitor may be accompanied by an adult.

If a competitor is following a course of medical treatment he/she must obtain certification (TUE) to that effect and inform the organisers immediately upon arrival.

## 6. REGISTRATION DEADLINES

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### 6.1. DEADLINES

The First, Definitive and Nominative registrations must be completed by entering the composition of the delegation as follows:

Registration by country: **30 NOVEMBER 2015**

Registration by number: **29 FEBRUARY 2016**

Registration by name : **31 MAY 2016**

## 7. PROVISIONAL PROGRAMME

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Monday 11 July	Arrival of Delegations Payment of fees – Accreditation Training
Tuesday 12 July	Meeting of Heads of Delegation/team managers/judges Scheduled Training <b>Opening Ceremony</b>
Wednesday 13 July	Scheduled Training Competition
Thursday 14 July	Scheduled Training Competition
Friday 15 July	Scheduled Training Competition
Saturday 16 July	Scheduled Training Competition
Sunday 17 July	Competition Prize-giving (medals and trophies) <b>Closing Ceremony</b>
Monday 18 July	Departure of Delegations

The cultural programme will be adapted to the competition schedule of each of the different sports.

**NOTE:**

This preliminary program might be changed lightly in accordance with the number of participants and TV requirements. All changes to the program will be published and all participants will be informed.

## **8. TRAVEL**

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Travel to Trabzon International Airport, Turkey is to be arranged and financed by each participating country. Local transportation is taken care of by the Organising Committee.

## **9. FEES AND INSURANCE**

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**9.1** In return for the entry fees which are fixed by the ISF Executive Committee, the Organising Committee will be responsible for board and lodging of participants for the duration of the event, for the competition, cultural programme and for all transport in connection with the official programme (arrival, departure, sports and cultural programmes).

**9.2** In accordance with the rules laid down by the ISF, the payment to be made to the organisers of the Gymnasiade 2016 amounts to 50 EUR per person and per night for a maximum of 273 persons (including the demonstration sports).

An additional ISF levy of 50 EUR per delegation member will be collected at the time of registration.

The total amount per person is therefore 400 EUR (50 EUR x 7 nights + 50 EUR).

When the distance between Trabzon and the capital of a participating country on another continent exceeds 5000 kilometres the delegation may extend its stay by arriving one day earlier (jet-lag day) **or** leaving one day later at the daily fee of 50 EUR per person per night.

**9.3** For the assistants to the Head of Delegation and the three (3) additional adults the following regulation applies:

- For a single room 100 EUR per night
- For a double/twin/triple room (2/3 assistants / additional persons) 50 EUR per night each

Requests are to be made by the country concerned.

**9.4** The organisation of an extended stay for the delegation (prior or after the event) is a matter for the country concerned. It shall not be the responsibility of the Organising Committee. The country concerned may contact the OC for any further assistance.

**9.5** Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

The insurance document must be presented to OC during accreditation. Without insurance document, all financial responsibilities concerning health matters will have to be borne by the delegation!

- 9.6** At the accreditation the Organising Committee will ask a guarantee of 300 EUR per delegation. This sum will be reimbursed at the end of the stay if no damages caused to the accommodation have been reported.

## **10. DEPOSIT**

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- 10.1** Along with the entry, each country must pay a deposit of 100 EUR per person as confirmation of the entry.  
The deposit must be sent as a single payment for the whole delegation by the Organisation responsible for School Sport.  
Payments made by individual schools will not be accepted.  
The sum of the deposit will be deducted from the total cost of participation.  
This deposit is non-refundable in the event of non-participation, unless the registered country has informed the organisers in the case of unusual or unforeseen circumstances. The latter instance will require the approval of the ISF Management Committee.
- 10.2** The ISF Secretariat is responsible for registering all deposits before **29<sup>th</sup> February 2016**.
- 10.3** The deposit is to be paid to the following account:
- Name of bank: BNP Paribas Fortis**  
**Address : Warandeberg 3, 1000 Brussels, Belgium**  
**BIC (Swift Code) : GEBABEBB**  
**Payee: ISF, Boomgaardstraat 22 B39, 2600 Berchem-Antwerp, Belgium**  
**IBAN : BE03 0015 2130 7984**  
**Reference: ISF – Gymnasiade – 2016 + name of participating country**
- 10.4** The balance in cash in EUR is to be paid on arrival in Trabzon (bank and credit cards will not be accepted) or may be paid in EUR into the organisers' bank account which will be published in the third bulletin.
- 10.5** All bank charges (for both deposit and balance) are to be met by participating countries!

## **11. COMMITMENTS TO BE HONOURED BY DELEGATIONS**

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- 11.1** Each participant is required to be present throughout the duration of the event.
- 11.2** Each participant is obliged to take part also in all of the non-sport activities.
- 11.3** Each delegation undertakes to compete against all other participating delegations.
- 11.4** Each competitor undertakes to compete against all other competitors.



**11.5** The absence of any member of a participating delegation from any part of the entire sport programme, opening, prize-giving and closing ceremonies and socio-cultural programme may result in being excluded from the results.

## **12. REGISTRATION**

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**12.1** The Organising Committee will use its own Electronic Registration and Accreditation System (T)ERAS (Turkish ERAS).

The electronic entry registration form 1 (click [here](#)) should be duly completed on behalf of the organisation responsible for school sport at the latest by 30<sup>th</sup> November 2015.

Your username and password to enter (T)ERAS <http://teras.events> will be sent to you in due time.

The registration will be open from 15<sup>th</sup> October 2015.

**12.2** The detailed entry registration bearing the names of all the competitors and other members of the delegation must be completed by 31<sup>st</sup> May 2016.

**You should pay the deposit by 29<sup>th</sup> February 2016!**

**Looking forward to meeting you in Trabzon, TURKEY in 2016!**

**on behalf of the Organising Committee**

Organisation	Trabzon Gymnasiade 2016 Organising Committee
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