

XXXVI TALLINN OPEN MASTERS SWIMMING CHAMPIONSHIPS



Meisterujumise U-Klubi is happy to invite you to participate in XXXVI Tallinn Open Masters Championships.

Time and

place: The competition will be held on **13th – 14th of April, 2019** in Nõmme swimming pool (25 m, 6 lanes), Vabaduse pst 156, Tallinn, Estonia

Programm: Saturday, 13th of April

Warm-up 14:15

Competition 15:00

1 / 2 4x100 m Medley relay W, M

3 / 4 50 m Free W, M

5 / 6 50 m Back W, M

7 / 8 200 m Free W, M

9 / 10 100 m Breast W, M

11 / 12 100 m Fly W, M

13 / 14 100 m IM W, M

15 4x50m Free relay (mixed)

Sunday, 14th of April

Warm-up 9:15

Competition 10:00

16 / 17 50 m Fly W, M

18 / 19 50 m Breast W, M

20 / 21 100 m Free W, M

22 / 23 100 m Back W, M

24 4x50m Medley relay (mixed)

Race office is open on Saturday from 13:00 (entry to the pool 14:00) and on Sunday from 8:30 (entry to the pool 9:00)

Participation: Competition is open to all registered master swimmers 25 years of age and above. The age of competitors is determined by December 31st 2019. The swimmers must be members of a swimming club of a National Federation affiliated with FINA. Age groups as in FINA rules (25-29, 30-34 etc after every 5 years and for relays 100-119, 120-159, 160-199 etc after every 40 years). FINA rules and regulations for Masters swimming are valid .

Entries: Entries with the name of competitor, club, date of birth and best achieved time must be sent to e-mail u-klubi@u-klubi.com or in swimrankings.net **at latest on 3rd of April, 2019.** For relay teams please indicate the age group, team members names may be entered in race office at latest 1h before the competition. Lenex-file will also be available for entries. Receiving of entries will be confirmed by e-mail.

Entry fee: **10 euros for first and 5 euros for every next start.** For relays 15 euros per relay. Entry fees should be paid at latest on 10th of April to:
Meisterujumise U-Klubi
IBAN: EE052200221048946840
SWIFT/BIC: HABAE2X
(stating the "start fee, and club/swimmer name"). When notifying in advance foreign participants can also pay their entry fees before the competition in cash.

Awards: Diplomas will be given to all swimmers. Medals will be awarded to swimmers placed in TOP 3 in one`s age group (one medal per person). Special prizes for TOP 10 men and women according to the points of two best events (by DSV Masters Performance Table 2016).

Social events: Party on Saturday, 13th of April after the competition (~19:00) in the pub „Seitse merd“ <http://www.seitsemerd.ee/kontakt-eng.html> . More information will be added to <http://u-klubi.com/u-klubi/> as soon as possible.

Information: More information can be obtained by phone: +372 56656831 (Kristiina Arusoo) or e-mail: u-klubi@u-klubi.com; a_kristiina@hotmail.com