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1st Eurasian
Amatuer Swimming
Championships (25m)
«SUPERMASTERS»

Lithuania
2019



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The 1st Eurasian Amateur Short Course Swimming Championship 'Lithuania-2019' will take place from March 30 to March 31, 2019 in the 'Fabiyoniskes' brand-new pool placed into operation in late December (2018) in Vilnius. The program can be viewed in the 'Program' section.



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**The 1st Eurasian
Amateur Short Course
Swimming
Championship
'Lithuania-2019' FIRST
included in the
OFFICIAL CALENDAR
ICAS In 2019**

PROGRAM

30 March	30 March (11-00)	30 March (14-30)	31 March (10-00)	31 March (13-30)	13 July
Accreditation 9-00 to 10-45	50 M freestyle (f,m)	400 M medley (f,m)	800 M freestyle (f,m)	200 M medley (f,m)	Open water
	50 M breaststroke (f,m)	100 M butterfly(f,m)	100M freestyle (f,m)	100 M backstroke (f,m)	
	50 M backstroke(f,m)	200 M freestyle (f,m)	200 M backstroke (f,m)	25 M freestyle (f,m)	Waits
	50 M butterfly(f,m)	100 M breaststroke (f,m)	200 M breaststroke (f,m)	4x50 M freestyle (mix)	
	100 M medley (f,m)	4x50M medley (mix)	200 M butterfly(f,m)	4x50 M freestyle (f)	
		4x50M medley (f)	400 M freestyle (f,m)	4x50 M freestyle (m)	
		4x50M medley (m)			

SUPERMASTERS

Waits

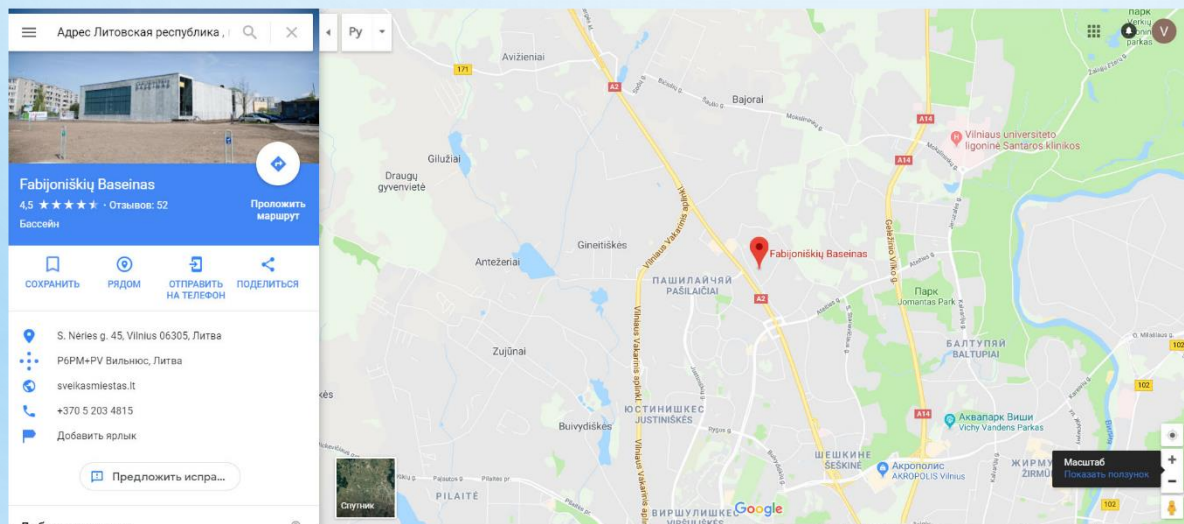
THE POOL



It is an indoor swimming pool 25 meters long with 8 lanes. There is a bath area, a fitness center, a gym hall, a spectator stand, and a locker-room for visitors. Near the pool a motor-car parking has been organized. The pool has opened in 2019.

Address: the Republic of Lithuania, Vilnius, the 'Fabijoniskes' pool (Fabijoniškių baseinas S. Nėries g. 45A, Vilnius (Fabijoniškių mikrorajonas))

<https://www.fabijoniskiubaseinas.lt>)





GET DIRECTIONS

By air
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It is the fastest way to get to Vilnius, but also the most expensive one. There is no point in flying here with transfers: it lasts long and a bit steep.
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There are other ways to get to Vilnius.

By bus

Bus services between cities and countries are very popular in Europe. From Russia to Vilnius you can also come by bus. Tickets are cheap. Basically buses go at night, that is, on arriving, you can have breakfast and begin to explore the city immediately. There are a few bus companies making trips from Russia: 'Lux Express'; 'Ecolines'; 'Busfor'.

Many roads to Vilnius lead through Riga where you have to change. Feel free to take tickets. The bus companies provide for all contingencies, even if you are held up at the border. Learned at first hand.

By car

If you get cheap tickets to Minsk, then you travel to Vilnius will prove to be very comfortably. Minibuses depart from Minsk every hour towards the capital of Lithuania.

If you have a car and you are going to have a rest with a group of your friends, this way to get to the capital of Lithuania is the most convenient and most profitable. However, note that if you travel from Russia to Lithuania, you shouldn't enter it from the territory of Belarus: the Belarusian-Lithuanian border is wildly congested. It's better to choose Latvia or Estonia in this case. The only things that are worth noticing are that almost all parking facilities in Vilnius are chargeable. So, when you seek lodgings try to find accommodation with a parking free of charge.

By train

This is a really favorable way to get to Vilnius. The advantage is that you will lie while sleeping on your way. And this means that you will arrive there on having had a good night's sleep. Fortunately, regular train routes run through Vilnius from Moscow and St. Petersburg in the direction of Kaliningrad.

LISTEN UP, EVERYBODY! The train that goes from Moscow or St. Petersburg to Kaliningrad is known as a 'Nesterov-train' among experienced travelers. Nesterov and Chernyshevsky are the first Russian cities in the Kaliningrad region on the way of the train after the Lithuanian border. The train itinerates first Belarus and Lithuania, and only then enters again the territory of the Russian Federation— the Kaliningrad region. The most interesting thing in this geographical story is that a ticket to Nesterov (or Chernyshevsky) bought in Moscow or St. Petersburg costs several times cheaper than a ticket to Vilnius bought at the same place. So we buy a ticket to Nesterov at Russian prices and leave the train in Vilnius.

GET DIRECTIONS

How to get to Vilnius from the airport

The airport is only 7 kilometers from the city. You can get to the center by city buses, taxi, minibus or train.

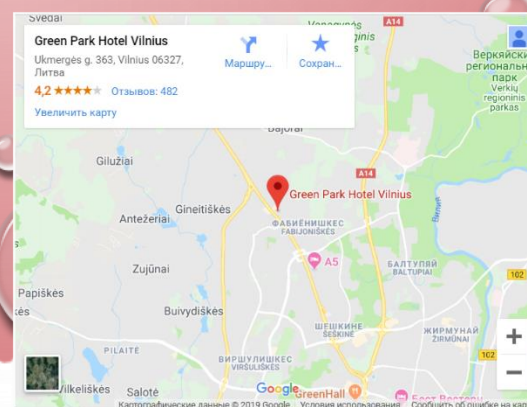
Taxi. It is better to call a registered taxi by phone or at the counter at the airport. The trip will cost about 6-7 euros to the city center. You can cheapen the trip by calling *Uber* through the app. To do this, you can connect to the free wi-fi at the airport.

Train. The aeroexpress train goes to the railroad passenger terminal, which is located in the city center. The ticket price is less than 1 euro. Express trains run once an hour usually. The trip takes about 7 minutes.

City bus. To get to the city center, you need buses number 1 and 2. The trip takes 20 minutes.

Minibus. It's a bit more expensive than by bus, but a little faster. The minibus goes to the bus station and the railway station, which are located next to the historic center.

Recommended place to stay: [www. Http://www.greenhotels.lt](http://www.greenhotels.lt) **Green Park Hotel Vilnius** Ukmergės g. 363, Vilnius 06327 • (8-5) 238 8000.



CLIMATE AND HISTORY

The climate of Lithuania is mild, marine at the coast, turning into a continental in the central and eastern part of the state. The April weather in Lithuania is determined by direct dependence on the proximity of the sea coast. The average temperature indicators of the metropolitan areas of the Lithuanian state reach + 10 ° C during the daytime, the night is warm enough + 3 ° degrees Celsius. The coastal areas are characterized by a 3-4 degree difference.

In Vilnius, you can become a citizen of the world's only republic of free people Užupis, which means "other side of the river" in Lithuanian, an area that is separate from the rest of Vilnius, both physically and politically. In 1997, a group of Lithuanian artists declared the **Republic of Užupis**. The residents of the self-declared republic celebrate this independence annually on **Užupis Day**, which falls on April 1. Nowadays, Užupis is a home for artists, musicians, and people of art and sports. The area is often compared to the Paris Montmartre or the "free city" Christiania in Copenhagen. The symbol of Užupis is an angel with a trumpet standing on a ball. There are several excellent pubs and cafes on the banks of the river in this bohemian district, alternative art workshops and a wall constitution with idiosyncratic articles such as "People have the right to have no rights".



REGISTRATION FEES

'SUPERMASTERS' – 25 EUROS (FOR ALL 5 DISTANCES IN FULL)
IF YOU COMPETE AT LESS THAN 5 DISTANCES – 7 EUROS FOR A DISTANCE
IF YOU DO NOT COMPETE AT ALL 5 DISTANCES, YOU'LL PAY 7 EUROS FOR EACH DISTANCE.

SWIMMING

50 EUROS (FOR ANY NUMBER OF DISTANCES)
OR IF YOU COMPETE AT 3 OR LESS DISTANCES
EACH COMPETITOR SHALL PAY – 28 EUROS
EXTRA PAYMENT
7 EUROS / DISTANCE

40 EUROS / RELAY

OPEN WATER SWIMMING
50 EUROS / DISTANCE
50 EUROS / RELAY



IMPORTANT DATES

- **January 30, 2019** – the registration begins (online)
- **March 15, 2019** – the registration comes to an end

ACCREDITATION

Accreditation based on registration numbers will be available the day before the competition





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CONTACTS



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REGISTRATION

