



# REGULATIONS

## **Purpose:**

- To promote swimming sports as well as safe and responsible recreation at the water;

## **Tasks:**

- To promote swimming sports in Jūrmala city;
- To promote safe recreation culture at the water;
- To promote physical activity, health improvement and experience sharing of all age groups for swimmers and people who support swimming sport and healthy lifestyle;
- To encourage people to identify and look for opportunities to relax and spend time in the nature;
- To promote the diversity and regularity of a healthy lifestyle;

## **Organization:**

- The competition is organized by organization “AQUATICA JŪRMALA” and public benefit organization “Latvijas Pludmales glābēju asociācija” (*Latvian Beach Lifeguard Association*);
- Competition is supported by Jūrmalas ostas pārvalde (*Jūrmala Port Authority*);
- Competition is governed by the Regulations;

## **Place:**

- Competition will be held at 10, Tīklu Street, Jūrmala, Latvia (Jūrmala Port Authority and aquatorium). GPS coordinates: 56.993438, 23.921512

## **Distances:**

- 100 m – individual distance;
- 450 m – individual distance;
- 1500 m – individual distance;
- 3800 m – individual distance;

## **Time:**

- Sunday, 6 August 2017;

## **Agenda:**

- 10:30-11:55 - Registration;
- 12:00-12:15 - Opening;

- 12:20 - pre-competition meeting for KIDS distance in 100 m;
- 12:25 - 100 m start for KIDS distance;
- 12:40 - pre-competition meeting for GENERAL distance in 450 m;
- 12:45 - 450 m start for GENERAL distance;
- 13:05 - pre-competition meeting for SPORTS distance in 1500 m;
- 13:10 - 1500 m start for SPORTS distance;
- 14:00 - pre-competition meeting for CHALLENGE distance in 3800 m ;
- 14:05 - 3800 m start for CHALLENGE distance;
- 16:30 - Award ceremony – all distances;

### **Competition track and process:**

- The individual 100m discipline race takes place on a 100 meter track in river.  
One circle = 100 meters.

Time limit: the track is closed 10 minutes after the start;

- The individual 450m discipline race takes place on a 450 meter track in river.  
One circle = 450 meters.

Time limit: the track is closed 20 minutes after the start;

- The individual 1500m discipline race takes place on a 1500 meter track in river.  
One circle = 1500 meters.

Time limit: the track is closed 60 minutes after the start;

- The individual 3800m discipline race takes place on a 3800 meter track in river.  
One circle = 3800 meters.

Time limit: the track is closed 120 minutes after the start;

- In the kids's distance (100m) parents can accompany their kids on the track, but they may not pull, push or otherwise move the children during the swim. It is prohibited for parents to disturb or otherwise hinder the movement of other children on the track;

- The start for all distances is given to swimmers while they are in the water;

- At the finish of every distance, the swimmer must touch the finish footbridge line with any part of the body;



**The organizing team reserve the right to unilaterally change the competition regulations according to the number of participants and weather. During the thunderstorm the competition will be canceled until it is possible to continue.**

## **General conditions:**

- The competition is regulated in accordance with the guidelines of the FINA competition rules and the principles of fair competition;
- Each participant may participate in several distances;
- All distances are free-style disciplines;
- Swimmers can use swimsuits (including swimwear), swimming goggles, maximum two (2) swimming caps, nose clips and ear plugs;
- Swimmers are not allowed to use any type of aids that can improve their speed, durability or swimming-ability, with the exception of a technologically advanced swim suit made of polyurethane or other similar material, including a wet suit;
- Upon registration, the swimmer will be marked with the competition number, which will be drawn on the hands or other parts of the body with waterproof ink;
- If a participant for some reason does not attend the competition, the participation fee will not be returned;
- Participants of the competition are prohibited from being in possession of alcohol or any other intoxicating substances;
- Each participant or his/her authorised representative (one of the parents or a team / club representative / trainer if the participant is underage), when applying for the competition and signing the registration form, certifies that he/she assumes full responsibility for the compliance of his state of health with the chosen distance.
- The organizing team does not take responsibility for the travel, living expenses, insurance, catering or other additional expenses;
- Results will be announced on Facebook event and on Facebook page of the organization.

## **Security regulations:**

- Before the start of the competition, an obligatory meeting will be held about the track, competition rules and safety regulations;
- The main judge of the competition has the right to forbid the participants from the competition or to disqualify swimmers who do not behave or miss the obligatory meeting, violate security, or violate any other generally accepted rules or regulations in society.
- During the competition, a qualified security personnel will take care of the safety of the participants;
- During the competition, the organizing team will provide the first aid;

## **Awards:**

- 100m distance - three (3) best girls and three (3) best boys in each age group will be awarded with medals and diplomas.

- 450m and 1500m distances - three (3) best women and three (3) best men of all ages in the group will be rewarded with medals and diplomas.
- 3800m distance - three (3) best women and three (3) best men of all ages will be awarded with medals, diplomas and three (3) best swimmers in the overall score among women and men will be awarded with special awards;
- In all distances, the winner of each age group in the respective distance becomes the "LIELUPES IZAICINĀJUMS 2017" winner and will be awarded with sponsor awards.

### Division of age\* groups and distances:

<b>1</b>	<b>10 YEARS AND YOUNGER</b> 100 m
<b>2</b>	<b>10 - 13 YEARS</b> 100 m, 450 m
<b>3</b>	<b>14 - 24 YEARS</b> 450 m, 1500 m, 3800 m
<b>4</b>	<b>25 - 34 YEARS</b> 450 m, 1500 m, 3800 m
<b>5</b>	<b>35 - 44 YEARS</b> 450 m, 1500 m, 3800 m
<b>6</b>	<b>45 - 54 YEARS</b> 450 m, 1500 m, 3800 m
<b>7</b>	<b>55 YEARS AND OLDER</b> 450 m, 1500 m, 3800 m

**\* The age of the participants is determined by the year of birth (on January 1 of the current year).**

For example, if the participant was born on October 15, 1992, it shall be counted as 25 years.

### **Registration:**

- Registration can be done by filling in the online registration form;
- All the participants will receive a registration confirmation email a week before the competition;
- Online registration is closed on 3 August 2017 at 6 PM. On the competition day, it will be possible to register at the register desk as well.

### **Participation fee:**

**If the payment is made until 3 August 2017**

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<b>1 EUR</b>	<b>5 EUR</b>	<b>10 EUR</b>	<b>15 EUR</b>
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100 m distance	450 m distance	1500 m distance	3800 m distance
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**If the payment is made on 4-6 August 2017**

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<b>2 EUR</b>	<b>10 EUR</b>	<b>20 EUR</b>	<b>30 EUR</b>
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100 m distance	450 m distance	1500 m distance	3800 m distance
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**Participation fee for each individual start must be paid by transfer or by cash payment on the registration day. When making a transfer, a payment confirmation document must be presented at the time of registration on the day of the competition.**

## Requisites for payment:

**Organization "AQUATICA JŪRMALA"**

Registration number: 40008228640

Bank: A/S Swedbank

SWIFT: HABALV22

Acc.No.: LV71HABA0551039148424

## Contacts:

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Facebook page: AQUATICA JŪRMALA

Facebook event: Lielupes izaicinājums 2017



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