

APPROVED:

Mantas Paulauskas
Director of Public establishment "Healthy city"

APPROVED:

Arlandas Antanas Juodeška
President of the Kaunas Swimming Federation



Aim and objectives:

- to honor and remember in the past known Katkevičių family swimmers;
- to integrate disabled athletes;
- to promote swimming sport;
- promote healthy lifestyles;
- identify the best swimmers veterans;
- to determine the winners of the 2nd stage of the Super Masters of the Baltic States.

Event organizers

The competition is organized by the Public Establishment "Healthy City", Kaunas Swimming Federation, Vilnius City Sports Center.

Director of the competition - Gintautas Bartkus (+ 370 684 59115), chief judge - Renata Juskiene.

Competitors and chief judge are responsible for the security of the participants.

Date and place of performance:

The competition will be held on March 30, 2019, Saturday in the swimming pool "Fabijoniskiū baseinas", S. Neris str. 45A, Vilnius, <https://www.fabijoniskiubaseinas.lt>

9.00-10.45 - registration of participants, warming up of competitions;

10.00 – warm-up;

10.45 - opening ceremony;

11.00 - the start of the competition.

Competition Programm

50 m freestyle, women and men.

50 m breaststroke, women and men.

50 m backstroke, women and men.

50 m fly women and men.

100 m medley, women and men.

Competitors

Participants from cities Kasiadorys, Marijampole, Vilnius, Siauliai, Klaipeda, Panevezys, Ignalina, Utena and Kaunas, swimmers from other countries are invited to participate in the competitions.

Age groups are ranked according to the rules of the FINA Masters competitions (20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, etc.). It is additional age group – 20-24 years. Also, swimmers with disability are invited to participate.

Payments

Starting fee is:

- 25 EUR (all competitions) or 7 EUR (one start) by the order to Kaunas Swimming Federation, account number LT12 7300 0100 0225 7515, before 15/03/2019;
- 30 EUR (all competitions) or 7 EUR (one start) on the day of competitions in cash.
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ENTRIES

Entries must be sent to Gintautas Bartkus before **March 15, 2019**:

- By e-mail to gintasbar@gmail.com with entry form;
- Using <https://www.swimrankings.net/manager/> online.

Start lists will be published on **March 26, 2019**. After this date, any changes or new entries is **not possible**.

Awards:

The winners of individual contests will be awarded by the Kaunas City Swimming Federation 25-29 years the best breaststroke swimmer and 45-49 years old. Age groups The best swimmer in free style is awarded with special prizes. and L. Katkeviciene medals and diplomas.

The Super Masters category winner will determine the sum of all points in the boarding distance using FINA Supermasters Point Calculator. Best six male and female swimmers in Supermasters category (all five events * age factor) will be awarded with medals.

SuperMasters coefficient:

20 y.o.	35 y.o.	0,909	50 y.o.	0,800	65 y.o.	0,695	80 y.o.	0,590	
21 y.o.	36 y.o.	0,901	51 y.o.	0,793	66 y.o.	0,688	81 y.o.	0,583	
22 y.o.	37 y.o.	0,893	52 y.o.	0,786	67 y.o.	0,681	82 y.o.	0,576	
23 y.o.	38 y.o.	0,885	53 y.o.	0,779	68 y.o.	0,674	83 y.o.	0,569	
24 y.o.	39 y.o.	0,877	54 y.o.	0,772	69 y.o.	0,667	84 y.o.	0,562	
25 y.o.	1,000	40 y.o.	0,870	55 y.o.	0,765	70 y.o.	0,660	85 y.o.	0,555
26 y.o.	0,990	41 y.o.	0,863	56 y.o.	0,758	71 y.o.	0,653	86 y.o.	0,548
27 y.o.	0,980	42 y.o.	0,856	57 y.o.	0,751	72 y.o.	0,646	87 y.o.	0,541
28 y.o.	0,971	43 y.o.	0,849	58 y.o.	0,744	73 y.o.	0,639	88 y.o.	0,534
29 y.o.	0,962	44 y.o.	0,842	59 y.o.	0,737	74 y.o.	0,632	89 y.o.	0,527
30 y.o.	0,952	45 y.o.	0,835	60 y.o.	0,730	75 y.o.	0,625	90 y.o.	0,520
31 y.o.	0,943	46 y.o.	0,828	61 y.o.	0,723	76 y.o.	0,618	91 y.o.	
32 y.o.	0,935	47 y.o.	0,821	62 y.o.	0,716	77 y.o.	0,611	92 y.o.	

33 y.o.	0,926	48 y.o.	0,814	63 y.o.	0,709	78 y.o.	0,604	93 y.o.
34 y.o.	0,917	49 y.o.	0,807	64 y.o.	0,702	79 y.o.	0,597	94 y.o.

KAUNO

For accommodation: **Green Park Hotel Vilnius**, Ukmerges str. 363, Vilnius 06327
<http://www.greenhotels.lt> Phone +370 5 238 8000

Dear friends!

After the competition we invite you to our after-party, which will be held in restaurant-pub "Uzupio Kavine" (in city center <http://www.uzupio kavine.lt> address Uzupio g. 2, LT-01200 Vilnius). We will start at 19:00 with warm buffet dinner and shall proceed with drinks from the bar (please, no alcohol of your own this time), dancing, photo-memories on the big screen and merry friends. The price is 20 euros and it should be paid before the competition in accreditation-office.

Attention:

Those who are interested in participating in the 2nd Euroasian Championship, which take place in parallel to Supermasters, should register additionally following regulations of the Eurasian Championship. Results will be registered as valid and awards will be given to those who meet both Baltic Cup Supermasters and Euroasian championship requirements.

ALAIKINO FEDERACIJA



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